



## **Deep-tissue massage for muscle activation and regeneration with the medisana MG 150 mini massage gun and the MG 500 massage gun pro**

*Neuss, 03.03.2022.* The new MG 150 mini massage gun and the MG 500 massage gun pro from medisana are deep-tissue massage devices which activate the muscles and promote muscle regeneration. They can be used for self-massage on various parts of the body, such as the shoulders, chest, back, buttocks, thighs or calf muscles – and are perfect for use at home, when travelling or during training sessions. The high-quality brand products stimulate circulation and shorten muscle recovery time, ensuring that muscle fatigue and sore muscles are a thing of the past.

To ensure deep muscle stimulation, the medisana **MG 150 mini massage gun** is equipped with five powerful vibration settings: 1,100 rpm, 1,400 rpm, 1,700 rpm, 1,900 rpm and 2,100 rpm. The medisana MG 150 mini massage gun also scores points thanks to its small, handy size and lightweight design – perfect for easy, comfortable use. The small motor keeps the device's weight down while providing a consistently powerful performance and lasting durability. Equipped with six differently-shaped massage attachments, the device allows you to achieve a range of massage effects in an instant. The ergonomic silicone handle of the medisana MG 150 mini massage gun ensures superior grip during use. Thanks to the practical bag with zip fastening, the mini massage gun is very easy to store and transport. It also offers a long, extremely user-friendly battery life of around two to three hours in normal operation mode.

The medisana **MG 500 massage gun pro** has three powerful settings with vibration speeds of 2,800 rpm, 3,400 rpm and 3,900 rpm. It comes with four different massage attachments for a range of massage effects, ensuring the perfect application for every type of use. It can be used on large muscle groups to activate the muscles and promote circulation, or to treat specific areas such as trigger points, or for muscle relaxation. In addition to the MG 500 massage gun pro's powerful motor, it also offers a conveniently ergonomic design: the long handle makes it especially easy to use. It also offers a long battery life of approx. 1.5 hours in normal

operation, and comes with a small case for easy storage – perfect for use at home or when travelling. The massage gun rounds off the massage experience by switching off automatically after ten minutes.

The medisana MG 150 mini massage gun is available in specialist retail stores and at [www.medisana.de](http://www.medisana.de) for the price of € 99.95 RRP. The medisana MG 500 massage gun pro is available from the same outlets for the price of € 124.95 RRP.

medisana is one of the leading specialists in the home healthcare market. For over 40 years, the German company has been committed to people's health with the motto "Your health in good hands". medisana is a pioneer in the trend of mobile health management and provides future-oriented products for modern everyday life in an increasingly networked world. The Neuss-based company is one of the leading manufacturers in the massage sector. medisana develops, markets and sells products related to mobile health, health monitoring, wellness, personal care, therapy and healthy homes to health-conscious consumers around the world.

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